

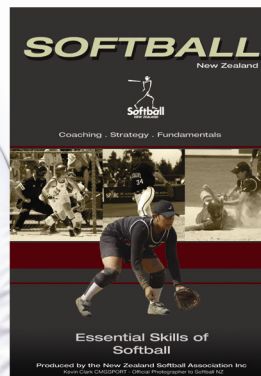
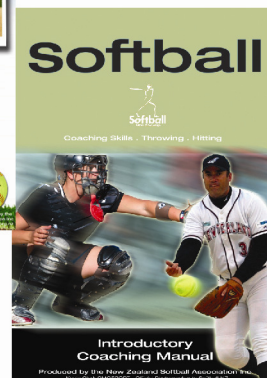
Softball New Zealand Coaching Course Presenters Guidelines for Clubs & Associations

Coaching Resources

Softball New Zealand



Growing with the Game



Softball New Zealand

Coaching Course Presenters Guidelines Booklet

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Criteria & Application Process for Presenters of Softball NZ Coaching Courses

Those interested in becoming an approved presenter of Softball NZ Coaching Courses must submit an application form to the Softball NZ Softball Manager.

Application forms are available from glen@softball.org.nz

What qualities & characteristics are we are looking for in Softball NZ Coaching Course Presenters?

1. People with technical & tactical softball knowledge or those who have a good understanding of fundamental movement skills for kids
2. People with a teaching background and/or relevant experience
3. People with a passion & enthusiasm for the game
4. People who are relaxed and confident in their presentation style and have a sense of humour
5. We expect them to be organized and have clear written and oral communication skills
6. We want them to have pride in their appearance & consider equally the environment the course is being held in
7. And have empathy for participants understanding of the game and the backgrounds they come from
8. We expect them to be honest, patient and open to suggestion
9. We want them to engage the audience, invite discussions and feedback
10. We want them to be real, meaningful, interactive and interesting

What is not required!

1. Know it all's who want to tell everyone how they do things...my way or the high way!
2. Someone who is under prepared and unmotivated
3. People who lack engagement skills, lack confidence, are boring and/or monotone
4. Those who cannot relate to softball people, who talk over or down at the audience
5. People who use bad language, are derogatory, sexist or racist
6. People who deliver irrelevant things to the audience

Advanced Planning Detail for Course Presenters

Environment

1. Softball diamond/venue booked
2. Access & keys
3. Weather: alternative venue, inside or outside
4. Adequate space, seating & tables
5. Noise control, temperature & lighting
6. Toilets & fire exits
7. Peripherals: posters, charts
8. Kitchen facilities, cups, beverages for a cuppa?
9. First Aid Kit handy
10. Remove distractions: cell phones, people outside

Self Preparation

1. Turn up early
2. Ensure adequate time frame for promotion and organization required
3. Know your stuff, read up beforehand
4. Research your attendees, understand culture of group
5. Personal appearance, appropriate attire
6. Have clear roles and responsibilities if support people coming along
7. Been to toilet, fed and watered – self care
8. Breathe, relax techniques

Delivery Preparation

1. Technology required for presentation: laptop, projector, screen, leads etc
2. Softball equipment: enough, suitable & appropriate for the course
3. Make sure everything works
4. Clock & run sheet, keep to time
5. Jokes, stories, small talk, patter, fillers
6. Adapt preparation to audience, encompass different learning styles
7. Workbooks and hand outs
8. Contingency plan for what if?
9. Player demonstrators...are they in tune with how you want things delivered?
10. Perform administration requirements

Softball NZ Requirements of Clubs and/or Associations undertaking SNZ Coach Development Courses

Checklist

✓	The workshop presenter must be an “approved” presenter authorised by the Softball New Zealand Softball Manager (SNZ SM). The presenter MUST be aligned with a Club or Association.
	The Club or Association will be responsible for all organization and receipting requirements as detailed in this check list. The organizing body must identify the club or association representative and their contacts to SNZ
	Set a date for the course and ensure a suitable venue is available. NB: The venue hire must be borne by the organizing club or association and can be added to the RRP of the module if necessary
	Advertise and promote the course in a timely fashion using SNZ provided promotion templates using various media such as email, newsletters, website etc
	Set a course deadline for registrations to be received
	Ensure that the minimum number of coaches required for each unit or module is attained before the workshop is confirmed to go ahead (refer to guidelines) NB: If the minimum number of coaches is not attained, then all coaches who have registered are to be informed of the cancellation of the course
	Advise the SNZ SM of the number of registrations received by the deadline
	Order a suitable number of coaching workbooks and evaluation forms as required for the presentation
	Ensure the SNZ SM is given at least 1 weeks’ notice for the workbooks to be couriered in time for the presentation
	Ensure that where required appropriate technology is available ie laptop, projector, screen, leads etc
	Ensure that sufficient softball equipment is available
	On the day...collect the course fee from each participant and issue a receipt
	The club or association representative pays the presenter the appropriate amount as outlined in the SNZ Course Presenters

	Guidelines Booklet. NB: The presenter must sign a receipt to acknowledge payment is made
	Return the completed registration and evaluation forms immediately to the Softball Manager: glen@softball.org.nz
	SNZ will invoice the club or association for the cost of the workbooks issued. The cost per workbook is outlined in the presenters guidelines
	Pay the invoice issued by SNZ no later than 2 weeks after the invoice has been received
	The left over balance is to be retained by the organizing body.
	Inability to adhere to these minimum requirements may compromise your ability to run Softball NZ Coaching Courses as an approved presenter or organization

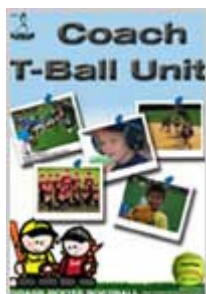
Softball NZ will

✓	Provide the coaching module promotion (flyer) template on request
	Provide the approved presenter the course presenters guidelines in a timely fashion to enable sufficient time to read and become familiar with the course content
	Provide a course registration template
	Provide a suitable number of SNZ Coaching Code of Conduct for distribution on the day
	Forward the required number of course workbooks and evaluation forms to the organising body
	Invoice the club or association for the cost of the workbooks issued. The cost per workbook is outlined in the presenters guidelines
	Upon receipt of the coach registration form from the organizing body will accredit the coach on the SNZ Coach Development Framework
	Send coaches a letter of congratulations for undertaking the coach development course and a certificate of recognition

Softball New Zealand Coach Development Courses

Foundation Courses - For Beginning Coaches, Parents or Teachers

Coach T-Ball Unit - \$10.00 RRP



For T-Ball Coaches, Parents or Teachers

The Coach T-Ball Unit is the first step on the Softball New Zealand Coach Pathway. The 1 hour practical unit is ideal for someone with little or no experience of coaching who wants to learn how to teach T-Ball to children. The unit provides information on basic coaching guidelines and skills and drills specifically for T-Ball.

Participants receive accreditation, a course booklet and certificate of recognition.

Minimum requirement for Unit Presenter:

Sound knowledge of basic fundamentals of run, catch & throw
Good understanding of the “middle to late childhood” community
Good understanding of the child’s needs to participate in and enjoy softball
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$25 plus \$5 per person for first 5 coaches = \$50 (maximum payment)

Minimum number of coaches required = 5

Recommended Fee to Participant: \$10.00

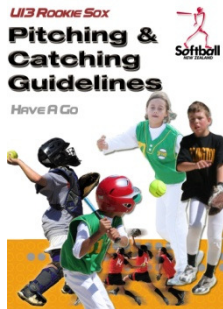
Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template
Coach T-Ball Course Promotion Flyer Template
Coach T-Ball Unit Presenters Guidelines
Coach T-Ball Unit Manual
Junior Coaches Code of Conduct
Evaluation Form
A set of Junior Equipment



U13 Rookie Sox Pitching & Catching Module - \$10.00 RRP



For Beginning Coaches, Parents or Teachers

This coaching module is a 1 hour session designed for coaches who are in transition from T-Ball to real softball.

Learn how to coach your U11 / U13 beginner pitchers and catchers.

Bring a ball and glove along and “have a go” at both these key positions.

Participants receive accreditation, a course booklet and certificate of recognition

Minimum requirement for Module Presenter:

Sound knowledge of basic fundamentals of pitching and catching
Good understanding of the “late childhood” community
Good understanding of the child’s needs to participate in and enjoy softball
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$25 plus \$5 per person for first 5 coaches = \$50 (maximum payment)

Minimum number of coaches required = 5

Recommended Fee to Participant: \$10.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template
U13 Rookie Sox Course Promotion Flyer Template
U13 Rookie Sox Presenters Guidelines
U13 Rookie Sox Workbook
Junior Coaches Code of Conduct
Evaluation Form
A set of Junior Equipment
A fence or wall is required for participants to pitch into for this practical module



Induction Unit - Fundamental Softball Skills - \$15.00 RRP



For Beginning Coaches & Parents

A 2 ½ hour theory & practical course for beginning coaches, parents, or teachers of all age grades providing information on the fundamental softball skills of pitching, catching, fielding, throwing, hitting & running, basic coaching principles, basic rules and some training ideas.

Participants receive accreditation, a course booklet and certificate of recognition.



Softball NZ Supporting Local Schools

For Primary, Intermediate or Secondary School Teachers

A 1 ½ hour practical course for TEACHERS wanting to know the basic fundamentals of SOFTBALL.

This unit covers off equipment; playing positions; batting order; pitching; catching; throwing; fielding; hitting & bunting; base running; basic game strategy; softball jargon; correcting common errors & simple rules.

This is a **FREE COURSE FOR TEACHERS**. Participants receive accreditation, a certificate of recognition and the workshop booklet will be forwarded by email.

Minimum requirement for Unit Presenter:

Coaching Level1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.

Good understanding of the “late childhood, teenage & adult” communities

Good understanding of athlete centered coaching principles

Good understanding of “how to coach” principles for these communities

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template

Induction Unit Course Promotion Flyer Template

Induction Unit Presenters Guidelines

Induction Unit Manual

Coaches Code of Conduct

Evaluation Form

Softball New Zealand Coach Development Courses

For Developing & Performance Coaches of all Grades

The Essential Skills Modules are based mostly on the Softball NZ Skills Sets. You can download a copy of the skill sets from the website www.softball.org.nz.

The modules are theory and/or practical based and provide the developing & performance coach with far more in depth detail than previously covered in the former Level 1 course.

Essential Skills – Pitching “The Movement Pitches” Module - \$15.00 RRP



For Developing & Performance Coaches

This 2 hour pitching module is designed for coaches of all age groups.

This is a chance to improve your basic knowledge on the skill of pitching and how to pitch the movement pitches.

Bring your glove and ball along and learn the different grips and releases of the three “must have” pitches: Drop, Rise, Change Up

Learn how to get more Velocity, how to improve Control and some tips on helping your pitchers with the mental side of the game.

Participants receive 2 hours of coaching from an approved Softball NZ presenter, accreditation, course workbook and certificate of recognition

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
Sound knowledge of offensive & defensive game strategy
Sound knowledge of pitching & catching skill requirements
Good understanding of the “early and late teenage” community
Good understanding of athlete centered coaching principles
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template

ES Pitching “The Movement Pitches” Module Flyer Template

ES Pitching “The Movement Pitches” Presenters Guidelines

ES Pitching “The Movement Pitches” Workbook

Coaches Code of Conduct

Evaluation Form

Indoor Gym Venue or Softball Diamond & suitable equipment required:

Balls, Home Plates, Flexi balls, Measuring Tape

An accomplished pitcher with a capable catcher is recommended to demonstrate pitching technique and the movement pitches



Essential Skills – Pitching Mechanics & Rules Module - \$15.00 RRP



For Developing & Performance Coaches

This '2 hour pitching module is designed for coaches of all age groups.

This is a chance to improve your basic knowledge on the skill of pitching.

Bring your glove and ball along and have a go at pitching. Learn the overall Pitching Mechanics and how to get more speed by leaping.

Rule 6 of the Softball NZ rule book will be discussed in detail and coaches will become more confident on all the pitching rules.

Participants receive 2 hours of coaching from an approved Softball NZ presenter, accreditation, course booklet and certificate of recognition

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
 Sound knowledge of offensive & defensive game strategy
 Sound knowledge of pitching & catching skill requirements
 Good understanding of the “early and late teenage” community
 Good understanding of athlete centered coaching principles
 Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template
 ES Pitching Mechanics & Rules Module Promotion Flyer Template
 ES Pitching Mechanics & Rules Module Presenters Guidelines
 ES Pitching Mechanics & Rules Module Workbook
 Coaches Code of Conduct
 Evaluation Form

Indoor Gym Venue or Softball Diamond & suitable equipment required:

Balls, Home Plates, Flexi balls, Measuring Tape

An accomplished pitcher with a capable catcher is recommended to demonstrate pitching technique



Essential Skills – Battery Module - \$15.00 RRP

For Developing & Performance Coaches



A 2 hour course to help you oversee the progress of your pitchers & catchers; understand the fundamentals of pitching and the role of the catcher; learn how your battery can effectively call the game.

Participants receive a 2 hour power point presentation with photo's & game footage from an approved Softball NZ presenter, accreditation, course booklet & certificate of recognition.

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
Sound knowledge of offensive & defensive game strategy
Sound knowledge of pitching & catching skill requirements
Good understanding of the “early and late teenage” community
Good understanding of athlete centered coaching principles
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template
ES Battery Module Promotion Flyer Template
ES Battery Module Presenters Guidelines
ES Battery Module Workbook
Coaches Code of Conduct
Evaluation Form

Indoor Venue, Desks & Chairs, Laptop, Projector & Screen, Flip Chart & Pens or Whiteboard
Bats, Balls, Home Plate



Essential Skills – Catching Module - \$15.00 RRP



For Developing & Performance Coaches

This is a 2 hour practical course on “Catching Fundamentals”

Topics covered will include the basics of equipment use; set up; positioning; signals; receiving; framing; blocking; throwing; pick offs; tagging; fielding - pass balls, bunts, pop flies; base cover; strategy; leadership; communication; working with umpires & game knowledge.

Participants are asked to bring a ball and mitt (or glove) and be prepared to engage in some physical activity.

Participants receive 2 hours of coaching from an approved Softball NZ presenter, accreditation, course workbook and certificate of recognition

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
Sound knowledge of offensive & defensive game strategy
Sound knowledge of pitching & catching skill requirements
Good understanding of the “early and late teenage” community
Good understanding of athlete centered coaching principles
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

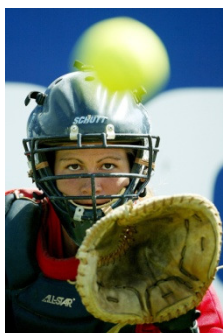
Resources needed:

Course Registration Template
ES Catching Module Promotion Flyer Template
ES Catching Module Presenters Guidelines
ES Catching Module Workbook
Coaches Code of Conduct
Evaluation Form

Indoor Gym Venue or Softball Diamond & suitable equipment required:
Full set of good catcher’s equipment, Balls, Home Plates, Bases, Flexi balls,
An accomplished catcher in full catcher’s equipment is recommended to demonstrate



Essential Skills – Catching “Calling the Game” Module - \$15.00 RRP



For Developing & Performance Coaches

This is a 2 hour theory and practical course on “Calling the Game”

What are the characteristics you need to look for in a hitter?
What might be the hitter’s weakness?
What should the catcher call to get the best possible result?

When “calling the game” the following will also be discussed: The count; the pitchers ability; the batters ability and the umpire.

Participants receive a 2 hour power point & practical session from an approved Softball NZ presenter, accreditation, course workbook and certificate of recognition

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
Sound knowledge of offensive & defensive game strategy
Sound knowledge of pitching & catching skill requirements
Good understanding of the “early and late teenage” community
Good understanding of athlete centered coaching principles
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template
ES Catching “Calling the Game” Module Promotion Flyer Template
ES Catching “Calling the Game” Module Presenters Guidelines
ES Catching “Calling the Game” Module Workbook
Coaches Code of Conduct
Evaluation Form

Indoor Venue, Desks & Chairs, Laptop, Projector & Screen, Flip Chart & Pens or Whiteboard
Bats, Balls, Home Plate



Essential Skills – Hitting & the Short Game Module - \$15.00 RRP

For Developing & Performance Coaches



This is a 2 ½ hour practical course on “Hitting & the Short Game Fundamentals”

Topics covered will include the basics of Bat Selection; Hitting Fundamentals; Tracking & Pitch Selection; Fault Correction; Slump Busting; Bunting: Sacrifice, Fake, Squeeze, Push, Slap, Surprise & Drag Bunting; Slap Hitting & Practice Organisation.

Participants are asked to bring a bat, ball and glove and be prepared to engage in some physical activity.

Participants receive 2 ½ hours of coaching from an approved Softball NZ presenter, accreditation, course workbook and certificate of recognition

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
Sound knowledge of offensive & defensive game strategy
Good understanding of the “early and late teenage” community
Good understanding of athlete centered coaching principles
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template
ES Hitting & the Short Game Module Promotion Flyer Template
ES Hitting & the Short Game Module Presenters Guidelines
ES Hitting & the Short Game Module Workbook
Coaches Code of Conduct
Evaluation Form

Indoor Gym Venue or Softball Diamond & suitable equipment required:
Bats, Balls, Home Plates, Wiffle balls, Flexi balls



Essential Skills – Fielding & Throwing Module - \$15.00 RRP

For Developing & Performance Coaches



A 2 hour practical & theory course on Infield & Outfield Fielding & Throwing fundamentals. The module is based on the Softball NZ Skill Sets.

Topics covered will include the ready position; fielding ground & fly balls; foot movement; communication; backing up; relays; double plays; double play pivots; throwing mechanics; side arm throw; underhand & back hand flicks & drills.

Participants are asked to bring a ball & glove and be prepared to engage in some physical activity

Participants receive 2 hours of coaching from an approved Softball NZ presenter, accreditation, course workbook and certificate of recognition

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
Sound knowledge of offensive & defensive game strategy
Good understanding of the “early and late teenage” community
Good understanding of athlete centered coaching principles
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template
ES Fielding & Throwing Module Promotion Flyer Template
ES Fielding & Throwing Module Presenters Guidelines
ES Fielding & Throwing Module Workbook
Coaches Code of Conduct
Evaluation Form

Indoor Gym Venue or Softball Diamond & suitable equipment required:
Bats, Balls, Home Plates, Wiffle balls, Flexi balls, Bases



Essential Skills – Game Strategy Module - \$15.00 RRP



For Developing & Performance Coaches

As a coach, you must make your decision ahead of time and based on a number of factors.

In this module you will learn key information and details to help give you and your team a competitive edge.

You will learn how to better manage a game, how to adjust your infield and outfield, when to hit and run and when to bunt, how to anticipate what your opponent will do and different ways to defend bunts and steals.

Participants receive a 2 hour power point & discussion session from an approved Softball NZ presenter, accreditation, course workbook and certificate of recognition

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
Good understanding of the “early and late teenage” community
Good understanding of athlete centered coaching principles
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

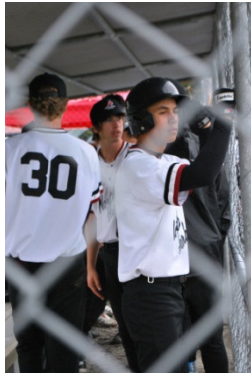
Course Registration Template
ES “Creating Athletes” Module Promotion Flyer Template
ES “Creating Athletes” Module Presenters Guidelines
ES “Creating Athletes” Module Workbook
Coaches Code of Conduct
Evaluation Form

Indoor Venue, Desks & Chairs, Laptop, Projector & Screen, Flip Chart & Pens or Whiteboard
Bats, Balls, Home Plate



Essential Skills – “Creating Athletes” Module - \$15.00 RRP

“Coaching is about building relationships...”



A 2 ½ hour theory course for Developing & Performance Coaches

Topics covered will include: Coaches as Leaders; Effective Communication; NZ Coach Approach; Understanding the Athlete; Tools & Techniques for Behaviour Management; Planning; TGfU; Health & Safety; Giving Feedback; Evaluating your Coaching

Participants receive a 2 1/2 hour power point & discussion session from an approved Softball NZ presenter, accreditation, course workbook and certificate of recognition

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
Good understanding of the “early and late teenage” community
Good understanding of athlete centered coaching principles
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50

plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template
ES “Creating Athletes” Module Promotion Flyer Template
ES “Creating Athletes” Module Presenters Guidelines
ES “Creating Athletes” Module Workbook
Coaches Code of Conduct
Evaluation Form

Indoor Venue, Desks & Chairs, Laptop, Projector & Screen, Flip Chart & Pens or Whiteboard
Bats, Balls, Home Plate



Essential Skills - Base Running & Sliding Module - \$15.00 RRP



For Developing & Performance Coaches

This is a 2 hour practical course on “Base Running & Sliding”
Learn how to exit quickly from the batter’s box; basic running mechanics; rounding bases correctly; safety base rules; leading off; tagging up protocols; running extra bases & jamming; rundowns; infield fly rule; dropped third strike rule; bent leg slide; pop up slide; hook slide; head first slide; back door slide; retreat slide

Ideally participants should be prepared to engage in some physical activity. Wear old track pants & clothing.

Participants receive accreditation, a course workbook and certificate of recognition

Minimum requirement for Module Presenter:

Coaching L1; Essential Skills Accreditation or elite playing experience as approved by the SNZ SM.
Sound knowledge of offensive & defensive game strategy
Good understanding of the “early and late teenage” community
Good understanding of athlete centered coaching principles
Good understanding of “how to coach” principles for this community

Payment to Presenter: \$50 plus \$7.50 for first 10 coaches = \$125.00 (maximum payment)

Minimum number of coaches required = 7

Recommended Fee to Participant: \$15.00

Course Workbook Cost: \$2.50

Resources needed:

Course Registration Template
ES Base Running & Sliding Module Promotion Flyer Template
ES Base Running & Sliding Presenters Guidelines
ES Base Running & Sliding Module Workbook
Coaches Code of Conduct
Evaluation Form

Indoor Gym Venue or Softball Diamond & suitable equipment required:
Sliding Mat (optional) Bats, Balls, Home Plates, Bases

Softball NZ Coaching Resources

Available for purchase from Softball NZ www.softball.org.nz

T-Ball Skills Passport Set - \$10 per set

GST inclusive – postage extra



Resources to help the beginner or parent coach teach the basic fundamentals of the game for T-Ball age players (6-9 years). The set comes with a Coach Guidelines Booklet, 12 x Players Passport Booklets & Black & Gold Stickers to reward the child when a simple skills test is achieved correctly.

T-Ball Skills Primary & Intermediate School Resource Kit - \$10 per set

GST inclusive – postage extra



A resource kit to help the teacher coach the basic skills of T-Ball Softball to primary & intermediate school children. The kit comes with a Coach Guidelines Booklet (how to teach the skill), Testing Guidelines (how to run the test), Test Chart Template (record when the test has been achieved), T-Ball Rules (play the game), T-Ball Certificate Template (award at the completion of the exercise).

Softball NZ Coaching Resources - Free Downloads

Available on the Softball NZ website www.softball.org.nz

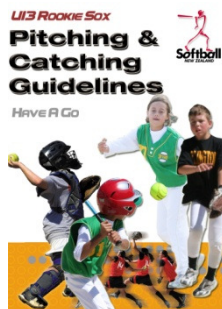
Growing with the Game – Modified Games for Junior Softball



The modified games described in this booklet have been created for 5 to 14 year olds. Games have been modified to provide a suitable & level playing field dependant on the age and capability of the player. The rules are recommended for you to incorporate in your own leagues.

- U5 Peanut League
- U10 T-Ball
- U13 Rookie Sox
- Playball - Primary, Intermediate, Year 9 & 10 Secondary School students
- Parents / Coaches Guidelines
- Top 10 things to remember when coaching junior softball
- Catch Phrases for kids

U13 Rookie Sox Pitching & Catching Guidelines

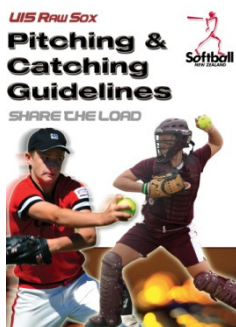


This coaching resource is designed to help those coaching softball at the U13 age group.

There are guidelines in this booklet to advise how to coach a player who has never experienced softball before and the player who is in transition from T-Ball to real softball.

It's an exciting challenge for players to "have a go" at pitching, catching and hitting a moving ball

U15 Raw Sox Pitching & Catching Guidelines



"Share the Load" of Pitching & Catching is the theme for the developing U15 Raw Sox age group.

This resource is designed to help those coaching 13-14 year old players.

This is the age that players can explore, learn and participate in different positions before beginning to specialize at the next level.

At this age, we need more players to be given the opportunity to play these key positions.



U17 Emerging Sox Pitching Guidelines

This coaching resource is designed to help those taking pitchers 15-16 years old.

The Emerging Sox pitcher is now in the specialisation stage. In this resource is Warm Up Reminders, The Pitching Sequence, Movement & Location.

The Emerging Sox pitcher can test their pitching speed against the Measurable Standards (on the website) and become familiar with the importance of the correct pitching sequence in order to pitch with efficiency.

Drills

In this download is a heap of team and individual softball drills for you to try at training.

Glossary of Terms

This is a summary of softball terminology, both formal and informal. Have you ever wondered what “Bat Wrapping” means or getting “Beaned?” Take a look at this document and feel free to submit your own lingo for consideration as well!

Loan Library – Coaching Books & DVD’s

A range of books and DVD’s across all levels of the game for you to choose from. Loan protocols apply. Items must be returned within one month and postage your care.

Pitching Resource Downloads

Pitching distances & dimensions of the catching & batting boxes; The Strike Zone Rule; How to understand & work the height & width of the strike zone; Pitcher Warm up Plan; Battery Game Plan for Junior Coaches; U15 Raw Sox Pitcher – Self Test; U15 Raw Sox Catcher – Self Test

Poster: Are you a Pitcher or a Catcher?

Free posters download to help you promote these two key positions to kids. The target audience is you’re Under 15 and down age groups. Everyone can be a pitcher or catcher...if you plant the seed and let them have the opportunity!

Poster: Coaching Value

Coaches are important! Coaching is about having fun; self improvement; facing challenges; developing people; being a role model; sharing knowledge; making a difference; making things happen; understanding people; interacting with people; having a love of the game; providing a positive experience...and many more qualities. Download this free poster and recruit, support and value the people in your area who take up coaching.

Skill Sets – U11 to U19 years

The skills sets have been developed to help coaches identify and develop technical, tactical, strategy and game knowledge skills appropriate for specific age groups. You can also give this resource to your players to enhance your understanding of what they do know...and more importantly, what they don’t know!

Softball NZ Coaching Recognition: Template

Complete this form to have any extra coach development undertaken outside Softball NZ courses noted on your coaching record. The form is available from Glen@softball.org.nz or on the website

Do you want to become a Softball NZ Coaching Course Presenter?

See how you can help your club or Association by taking coaching courses in your own region.

Contact Glen Roff on 021 537082 or glen@softball.org.nz if you want some more information on what it takes to become a Softball NZ Coaching Course Presenter.



To arrange a Coaching Course for your Club or Association, contact your local Association.

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COACHES ARE VALUE PLUS!